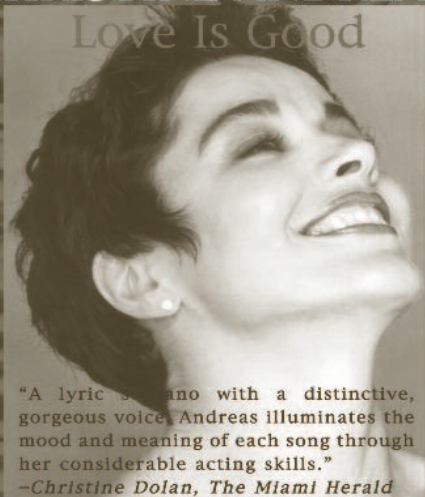



2 Performances Only
February 6 & 7, 2009 7p.m.
CHRISTINE ANDREAS
Love Is Good



"A lyric soprano with a distinctive, gorgeous voice, Andreas illuminates the mood and meaning of each song through her considerable acting skills."
-Christine Dolan, *The Miami Herald*

Rose & Alfred Miniaci Performing Arts Center
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General Admission: \$50.00 per person
Saturday, February 7, 2009 Cocktail Reception
with Christine Andreas to follow
VIP Admission: \$100.00 per person

Tickets available through www.miniacipac.org,
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the Broward Center box office.

A portion of the proceeds to benefit 



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HENDERSON
MENTAL HEALTH CENTER
For our community

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14TH PROFILES OF EXCELLENCE GALA IT'S HOT, HOT, HOT!



For the 14th Profiles of Excellence Gala, the event's theme is "Carnival – Caribbean Style" – so be ready for a hot, hot, hot evening of food and entertainment on Saturday, March 21st, at the Hyatt Regency Pier Sixty-Six Resort. The evening will start with a tropical-style cocktail reception and an exciting silent auction, followed by a three-course dinner, and the presentation of the Profiles of Excellence Award. And of course, there will be lots of fantastic entertainment and dancing during the night. Tickets are \$175 each and Sponsorship opportunities and journal ads are still available.

Each year, Henderson Mental Health Center takes this opportunity to honor an individual, business or organization who has demonstrated a deep and abiding concern with mental health issues that affect the quality of our lives locally, statewide or nationally. This year, Henderson is proud to recognize our major donors to the Goodwin Campaign Challenge.

This year, one of our supporters has donated the use of his home in Costa Rica to help raise funds through a live auction. More details of this exciting trip will be included in the invitation which will be mailed soon.

The silent auction will have some wonderful items for guests to bid on! Several get-away trips include a "Stay on the Bay" in Ocean City, MD, a "Treehouse" in the Smokey Mountains, and a weekend in Key Largo. So plan to join us for a night of fun and festivities! For more information, call Karen Drumheller at (954) 777-1624 or visit our website at www.hendersonmhc.org.

WILSON GARDENS FACILITY OPENS IN HOLLYWOOD

Most young people, well beyond the age of eighteen, depend upon their parents for financial help, health insurance, or a place to live. For former foster youth with no family to count on as they move into adulthood, the challenges can be particularly tough, especially when publicly funded services that have assisted them end. These vulnerable youth who already are struggling with educational deficits, mental health problems, economic insecurity, victimization, early child bearing, and in many cases homelessness, are left to their own. In Broward County alone, over 100 eighteen-year olds "age out" of the foster care system each year. A portion of these youth will qualify for services through adult community programs and some will qualify for the Road to Independence support provided by the State. However, many will receive no services at all.

Housing is an important issue for foster children who need a home. In partnership with Broward Housing Solutions (BHS), Henderson Mental Health Center stepped up to the plate to help find a solution for this population. Renovations were recently completed on a property to be used as transitional housing for young adults with mental health issues who have aged out of foster care. Wilson Gardens, located in Hollywood, FL, opened in November 2008. The apartment complex is made up of 9 individual one-bedroom / one bath units of which eight are dedicated to residential occupancy, with the ninth unit used for the on-site Resident Manager.

Henderson Mental Health Center, as part of the collaboration, will provide support services, daily structure and insure a safe living environment

through a Life Coach who also acts as the residents' case manager and the on-site Resident Manager. Young residents are provided with independent living skills, along with mental health support and quick, easy access to a supportive adult and assistance whenever needed. This is an exciting project that

Henderson staff members are very proud of! It is hoped that in the future more facilities similar to Wilson Gardens can be created to help young individuals with mental health challenges to get off to a good start in life.



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HOLIDAY GIFTS FOR HENDERSON CLIENTS

Early in the fall, there were concerns that the 2008 holiday season may be a year that Henderson could not provide young clients as much as staff members usually do due to the sluggish economy. But the community, as always, did not let Henderson down.

For the third year, the Broward Chapter of the Florida Society of Enrolled Agents collected hundreds of new teddy bears and other stuffed animals to give out to children who are seen throughout the year by Henderson staff. The Associated Builders and Contractors donated 10 brand new bicycles to the boys at CHARLEE House and Henderson House, each accompanied with a safety helmet and lock. Something that would brighten any boy's holiday! The Fraternal Order of Police helped to bring smiles to Henderson's youngest clients by delivering over 100 toys, which were given out this year, too.

The teen members the Psychology Club at Western High School also showed their

support by collecting used items that were published on Henderson's website "Wish List." The members delivered several car-loads of clothing, toys, and other items to help fill in the needs of our clients who live on modest incomes.



Western High School Psychology Club members

MESSAGE FROM THE CEO, DR. STEVEN RONIK



Dear Friends,
 We are pleased to bring you another edition of our newsletter.

Our organization is facing unprecedented budget cuts. The economy has affected all of us and as you can imagine, it's been particularly difficult for the people we serve. Our clients depend on us to be there, and as some of Florida's most underserved and disadvantaged citizens, they have suffered of late.

As we consider our own tough times, sometimes it's hard to think beyond our circle. It's been said the true measure of a society is how we treat our most vulnerable. We have done all we can to keep up with demand for our services. Our crisis visits

have soared in the face of this difficult economy, as financial woes have exacerbated existing mental illnesses. Reductions in public financing for mental health services has made a dire situation approach the catastrophic. We cannot let this happen; and the private philanthropy we have received, even in this difficult economy has certainly been an inspiration.

This newsletter reflects some of the state-of-the-art services we continue to develop at Henderson Mental Health Center. Your support has helped make this happen; and it means more now...than ever before.

With my deepest respect,
 Dr. Steven Ronik
 Chief Executive Officer

VOLUNTEER BROWARD SELECTS HENDERSON HOUSE FOR BEAUTIFICATION PROJECT

Thanks to Juli Zeno and several staff members Volunteer Broward and 26 volunteers from a local business, Henderson House got a holiday "make-over". With the help of 150 bags of mulch, another 150 bags of planting soil and over 200 bright flowers plants, the group home looks lovely. It took the volunteers a full 8-hour day of hard labor to redo the flowerbeds around the entire perimeter of the house. Upstairs, several of the volunteers concentrated on repainting the walls and wood trim in the three boys' bedrooms – each with a color scheme selected by the inhabitants to reflect their own tastes. Part of the landscaping project was planting seeds for a new vegetable garden and sunflowers along the fence. Come spring, the carefully tended garden and sunflowers should provide some healthy meals and snacks for the boys as well as a great educational experience! It's amazing what can be accomplished through team work in just one day. Again, thank you to all who worked so hard to brighten up the lives of the boys at Henderson House!



Henderson House Group Home provides that safe haven for teen age boys, whom have been abused, neglected, or abandoned by their natural families and who need a place to grow through their teenage years and prepare for life on their own. These kids depend on us for the nurturance and support that most kids get from their natural parents and we do our best to provide them with the emotional support in addition to a home-like environment where they can feel proud and be safe.

LEO GOODWIN FOUNDATION CHALLENGE UPDATE GOAL IS WITHIN REACH

At last year's gala, Trustees of the Leo Goodwin Foundation announced their challenge to the community to help raise \$1 million for Henderson Mental Health Center. To receive the Foundation's pledge of \$500,000, Henderson was asked to raise an additional \$500,000 within the next two years. The organization's Board and Committee Members have been dedicated to reaching this goal within the first year of the Challenge Campaign. This campaign will bring \$1 million of funding to Henderson to

rebuild their capacity, which was reduced due to Medicaid Reform and budget cuts from the State and County.

Thanks to the guests who pledged their commitments to the challenge that night, over \$90,000 was raised on the evening of March 8th. Since then, the total dollars received or pledged now stands at two-thirds! Campaign Chair, Mr. Jon Gundlach, said confidently "The goal is within our reach and our Committee and Board

Members are talking to people in our community who can get us to the \$1 million mark!" Of course, all those involved with this Challenge feel that this is just the start! They will continue to pursue raising dollars until March of 2010 when the campaign is officially over. "With the challenges facing us, this fundraising opportunity will truly help Henderson Mental Health Center to build back our staff and services so we can serve those individuals suffering from mental illnesses. We can't afford to stop now

– too many people depend on us," said Dr. Steven Ronik, Henderson's CEO.

If you would like to help Henderson Mental Health Center to reach this important goal, please contact Karen Drumheller, Director of Development at (954)777-1624 or at kdrumheller@hendersonmhc.org. Information on the Leo Goodwin Foundation's Challenge Campaign can also be found on their website at www.hendersonmhc.org.

DONORS CONTINUE TO SUPPORT ANNUAL APPEAL DURING DISMAL ECONOMY

Many thanks to all the donors who contributed to the 2008 Annual Appeal for Henderson Mental Health Center. This year's annual appeal brought in over \$10,000 – a pleasant surprise in spite of an economy that has shown so much uncertainty in the past several months. Although fewer gifts were received this year, the average gift was larger than any of the past four years of this year-end appeal.

Because of the generosity of our supporters, especially Dennis & Judy Lincoln and the H. I. Foundation, the funds from the appeal provided many holiday meals to low-income families, gifts and personal necessities for clients of all ages, and food for the homeless. Many of the individuals who are taken care of by staff members at Henderson Mental Health Center were able to enjoy the holidays - thanks to those who contributed to this appeal!